



Paula Audrey Rivero

Love Fiercely. Dare Greatly. Play with Colour.
Create Awesome. Celebrate Life.

Paula is a registered social worker, a trauma specialist and an entrepreneur that believes every person is awesome. She is the co-author of the internationally-acclaimed illustrated children's book, *My Name Is Trauma* and has helped thousands of people through workshops, keynotes, and seminars to build resilience through connection, play, and trauma-informed care. Paula's most notable work is showcased in the award-winning feature documentary

Balikbayan: From Victims To Survivors (2020). She helped facilitate creative trauma interventions with Streetlight Philippines Orphanage following Typhoon Yolanda in 2014. She is a feisty leader who is inspired to love fiercely, play with colours, and create more awesome in the world. She lives in Edmonton, Alberta, Canada, with her husband and two beautiful children.



Celebrate & Share with Paula  @paulaaudreyrivero

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